

Physical activity and Social clubs		Health advice and information		Art		Environment		Food		Contract details	
A1	Toc H	E1	The Teviot Action Group	D4	Banlumusic Band	B2	Banlumusic Band	D4	Banlumusic Band	E1	Unit 14, 1 Canada Square, E14 5AX
A2	Abberfeldy Neighbourhood Centre	E2	Boots The Chemists Ltd	D2	Friends Of Stiches In Time	C2	Limehouse Town Hall Nurses Office	D2	Chirsp Street Health Centre	A3	Limehouse Youth Centre, E14 8BN
A3	Abberfeldy Neighbourhood Centre	E3	Fem Street Settlement	D3	Sitches In Time	C3	Lansbury Dispensing Town Hall	D2	Lansbury Dispensing Chemist	C0	646 Cromerical Road, E14 7HA
A4	The Linc Centre	E4	Doctors Surgery	D4	Polar HARCA	D2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	18-20 Vesey Path, E14 6BT
A5	Burdeett Neighbourhood Centre	E5	Wyls Street, E14 0NU	D5	Neighhours In Polar (NIP)	D2	50 Abberfeldy Street, E14 0NU	D2	Boots The Chemists Ltd	D2	120 7987 1949
A6	Hind Grove Community Hall	E6	70 Fem Street, E14 0PU	D6	Polar HARCA	D2	167a East India Dock Road, E14 0EA	D2	Chirsp Street Health Centre	D2	100 Cmns Street, E14 6PG
A7	Abberfeldy Neighbourhood Centre	E7	020 7790 3113	D7	Lansbury Dispensing Chemist	C2	173 East India Dock Road, E14 0EA	D2	Limehouse Town Hall Nurses Office	C0	646 Cromerical Road, E14 7HA
A8	Abberfeldy Neighbourhood Centre	E8	020 7790 3113	D8	Chirsp Street Health Centre	C2	100 Cmns Street, E14 0PU	D2	Boots The Chemists Ltd	D2	102 7515 4860
A9	Limehouse Youth Centre	E9	020 7515 4794	D9	Limehouse Youth Centre, E14 8BN	C2	2a Ettrick Street, E14 0PU	D2	Boots The Chemists Ltd	D2	102 7987 1875
A10	Limehouse Youth Project	E10	020 7515 4794	D10	Limehouse Youth Centre, E14 8BN	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A11	Community Education Centre	E11	020 7515 4798	D11	Limehouse Nurses Office	C2	173 East India Dock Road, E14 0EA	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A12	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E12	Wyls Street, E14 0NU	D12	Neighhours In Polar (NIP)	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A13	Abberfeldy Neighbourhood Centre	E13	020 7790 3113	D13	Fem Street Settlement	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A14	Abberfeldy Neighbourhood Centre	E14	020 7790 3113	D14	Friends Of Stiches In Time	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A15	Community Education Centre	E15	020 7515 4798	D15	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A16	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E16	020 7987 5764	D16	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A17	Community Education Centre	E17	020 7515 4798	D17	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A18	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E18	020 7987 5764	D18	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A19	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E19	020 7987 5764	D19	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A20	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E20	020 7987 5764	D20	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A21	Community Education Centre	E21	020 7515 4798	D21	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A22	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E22	020 7987 5764	D22	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A23	Community Education Centre	E23	020 7987 5764	D23	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A24	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E24	020 7987 5764	D24	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A25	Community Education Centre	E25	020 7987 5764	D25	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A26	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E26	020 7987 5764	D26	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A27	Community Education Centre	E27	020 7987 5764	D27	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A28	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E28	020 7987 5764	D28	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A29	Community Education Centre	E29	020 7987 5764	D29	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A30	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E30	020 7987 5764	D30	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A31	Community Education Centre	E31	020 7987 5764	D31	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A32	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E32	020 7987 5764	D32	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A33	Community Education Centre	E33	020 7987 5764	D33	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A34	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E34	020 7987 5764	D34	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A35	Community Education Centre	E35	020 7987 5764	D35	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A36	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E36	020 7987 5764	D36	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A37	Community Education Centre	E37	020 7987 5764	D37	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A38	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E38	020 7987 5764	D38	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A39	Community Education Centre	E39	020 7987 5764	D39	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A40	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E40	020 7987 5764	D40	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A41	Community Education Centre	E41	020 7987 5764	D41	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A42	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E42	020 7987 5764	D42	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A43	Community Education Centre	E43	020 7987 5764	D43	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A44	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E44	020 7987 5764	D44	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A45	Community Education Centre	E45	020 7987 5764	D45	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A46	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E46	020 7987 5764	D46	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A47	Community Education Centre	E47	020 7987 5764	D47	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A48	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E48	020 7987 5764	D48	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A49	Community Education Centre	E49	020 7987 5764	D49	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A50	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E50	020 7987 5764	D50	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A51	Community Education Centre	E51	020 7987 5764	D51	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A52	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E52	020 7987 5764	D52	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A53	Community Education Centre	E53	020 7987 5764	D53	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0EH
A54	Unit 15 Jubilee Place, Canary Wharf, E14 5NY	E54	020 7987 5764	D54	Famila.Jagnie@poplarharca.co.uk	C2	172 East India Dock Road, E14 0EH	D2	Boots The Chemists Ltd	D2	172 East India Dock Road, E14 0

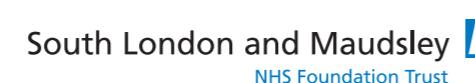


# Well London

Well London is funded by the Big Lottery Fund. It will work with local people to transform health in twenty London neighbourhoods. The Well London programme will invest in local projects:

- Promoting mental health and well-being
  - Improving healthy eating choices
  - Promoting access to open spaces and increasing physical activity

Well London has been developed by a unique alliance of six partners:



For more information on Well London and how to get involved please contact:

Afsheen Rashid, LS  
T: 020 7234 9407  
E: a.rashid@lsv.org

This is the first time that this type joined-up approach to improving health has been tried on a regional scale.

This Active Living Map is one of 14 different projects that will be delivered in local areas.

Work has already been done to **Be Creative, Be Well** – will use

understand the specific needs of each community, and some projects are already underway. Depending arts and cultural activity to help involve communities and individuals to improve environments and

on the needs of the community, a selection of the following projects will be delivered in that area:

**CADBE (Community**

provide accessible physical activities.

**Changing minds** – will recruit and train local people with direct

**engagement, assessment,  
design, brokerage, enterprise)**  
– our groundbreaking research and  
evaluation framework is already  
experience of mental ill health to  
deliver mental health awareness  
training in target communities.

**Well London Delivery teams** – are teams of volunteers in each area that will help people to make

<b>Buywell</b> – will make it easier to buy good quality, affordable and culturally sensitive food locally.	healthier choices.
	<b>Training communities</b> – will train members of the community so they

**Eatwell** – will increase rates of healthy eating and promote a sense of community through celebrating good food and practical activities like cook and eat clubs.

can be fully involved in supporting the delivery of the other projects.

**Youth community** – will make sure that children and young people are

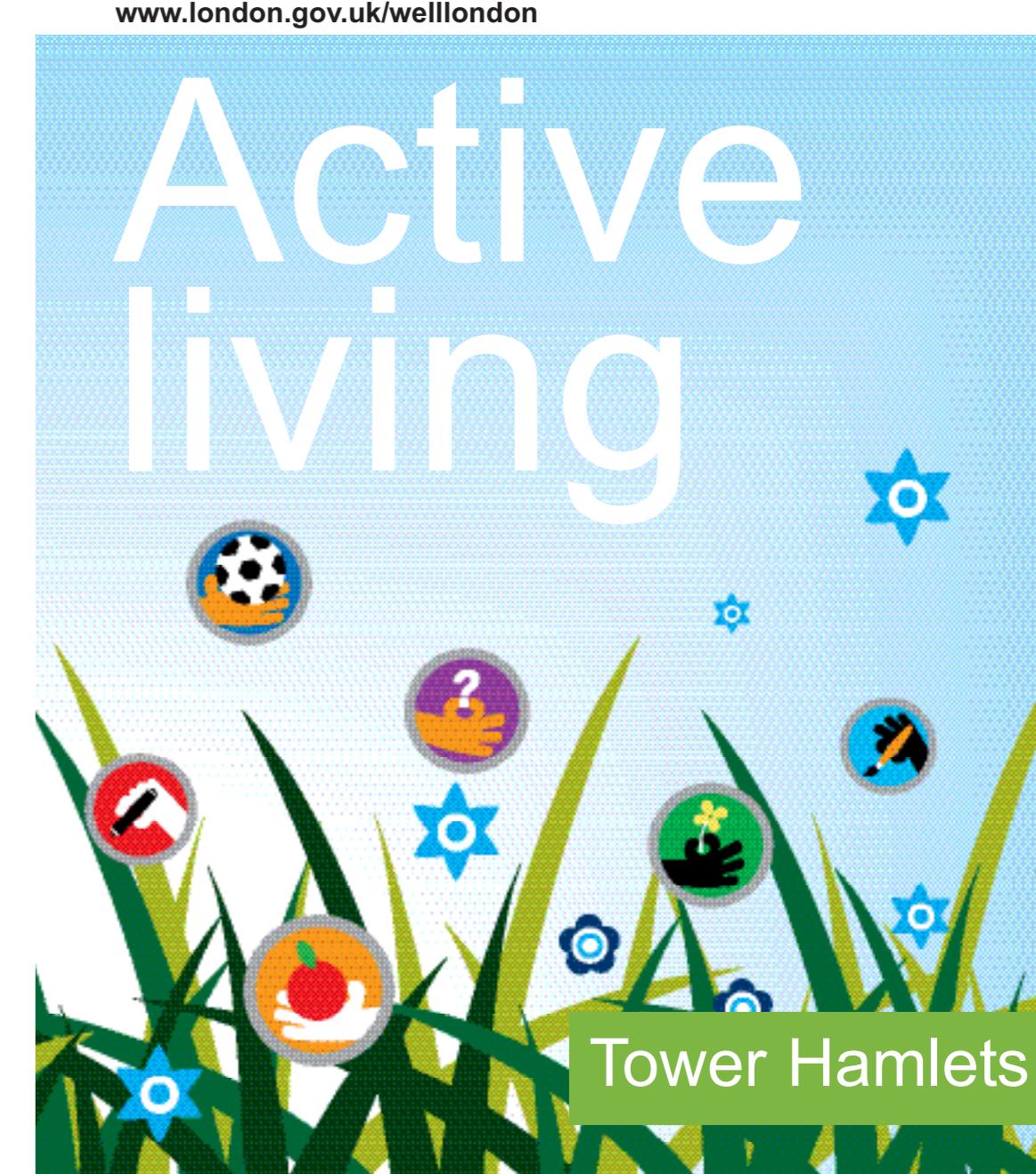
- DIY Happiness** – will use humour, creativity and evidence to provide participants with fun, positive ways to increase their own well-being.
- Mental well-being Impact** – will include mental health issues and how they can be managed, as well as how to support others.

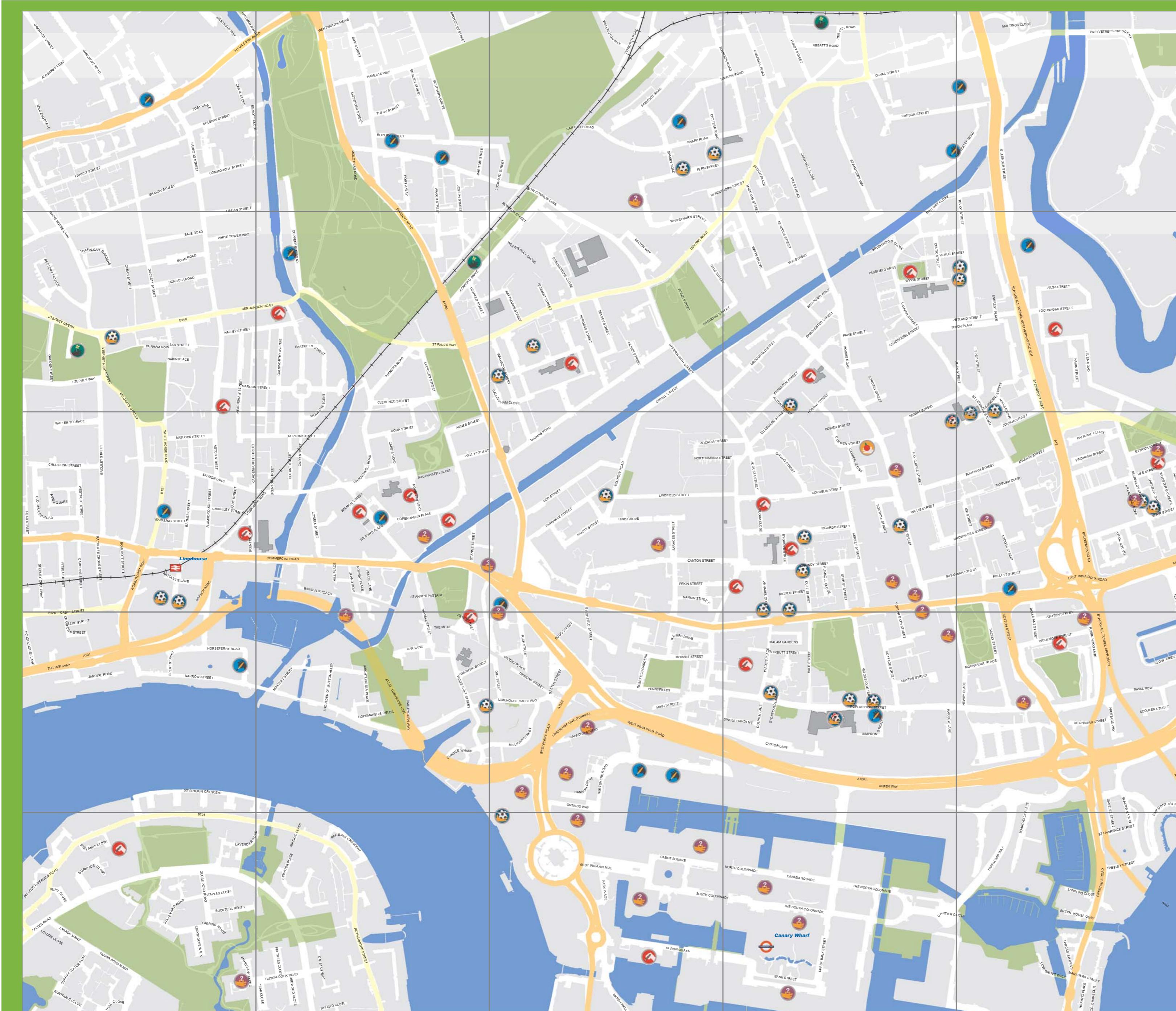
practical advice and information that will increase people's ability to reduce both the physical and the psychological impact of stress.

**Assessment** – will enable people to identify the potential impacts on mental well-being of their proposals

- psychological impact of stress, increase resilience, and build durable personal resources.
- Healthy spaces** – will make physical improvements to local
- / projects / programmes.
- WellNet** – will establish a learning network for communities and professionals across all the projects

physical improvements to local green and open spaces, involving including events, newsletters and web sites



**A****B****C****D****E**

# Active Living Map